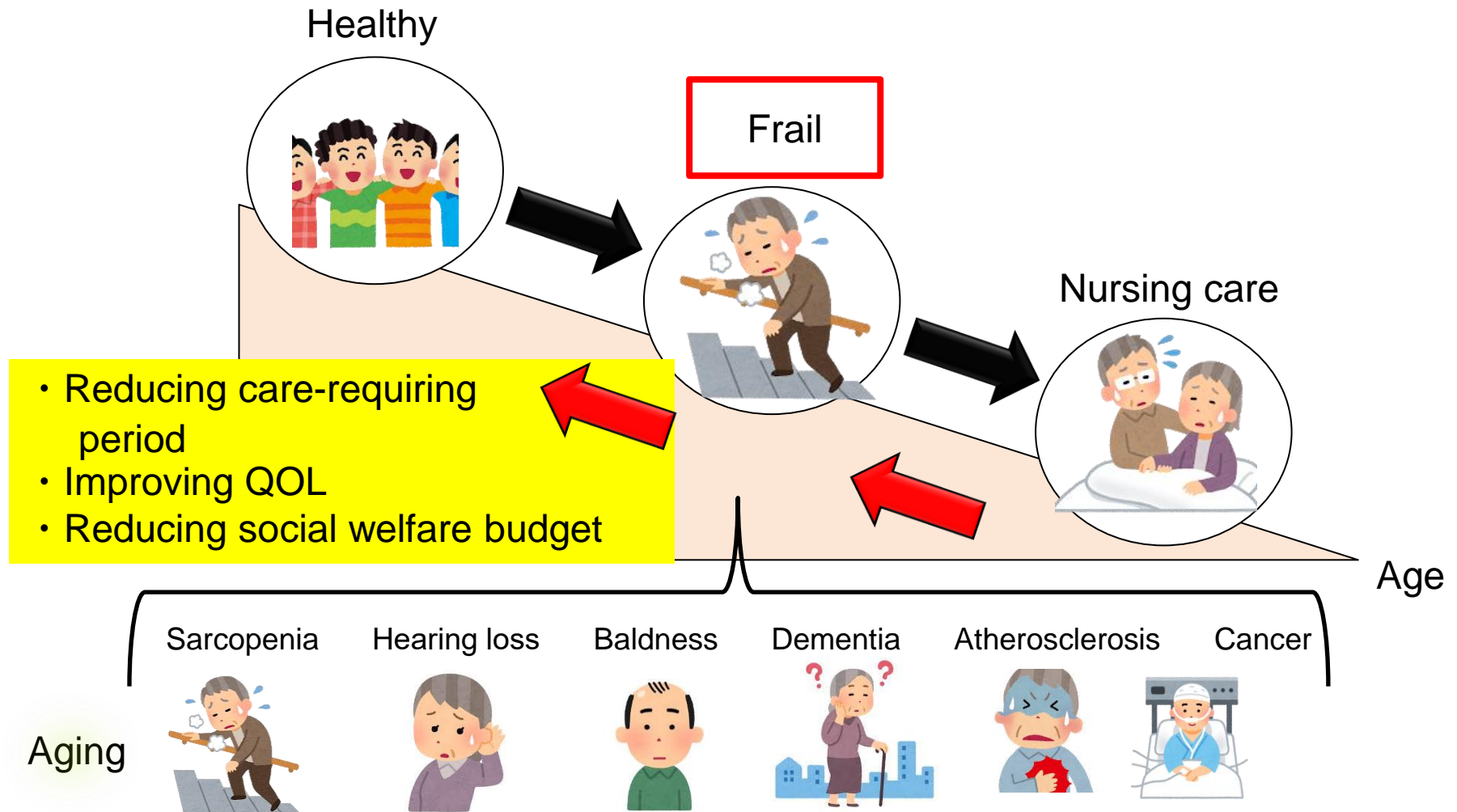


## **Moonshot Goal 7 (AMED)**

**Healthy longevity through  
improved mitochondrial function**

**Takaaki ABE, M.D., Ph. D.  
Tohoku University  
Sendai, JAPAN**

# Japan has the problem of aging and the intervention is urgently required

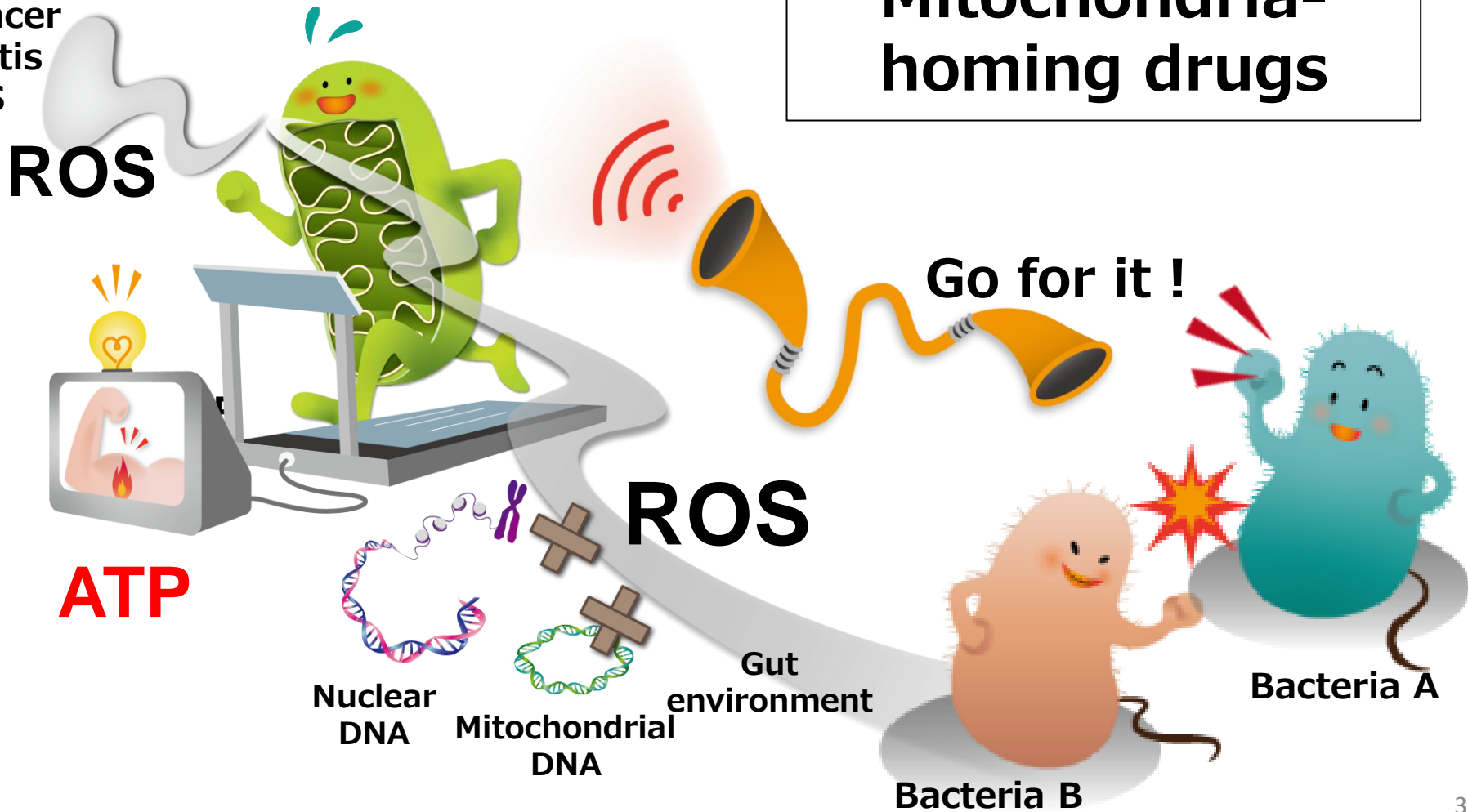


# Mitochondria-gut microbiota relation (Human)



**Mitochondria-homing drugs**

Parkinson's  
Alzheimer's  
Depression  
Cancer  
colitis  
ALS

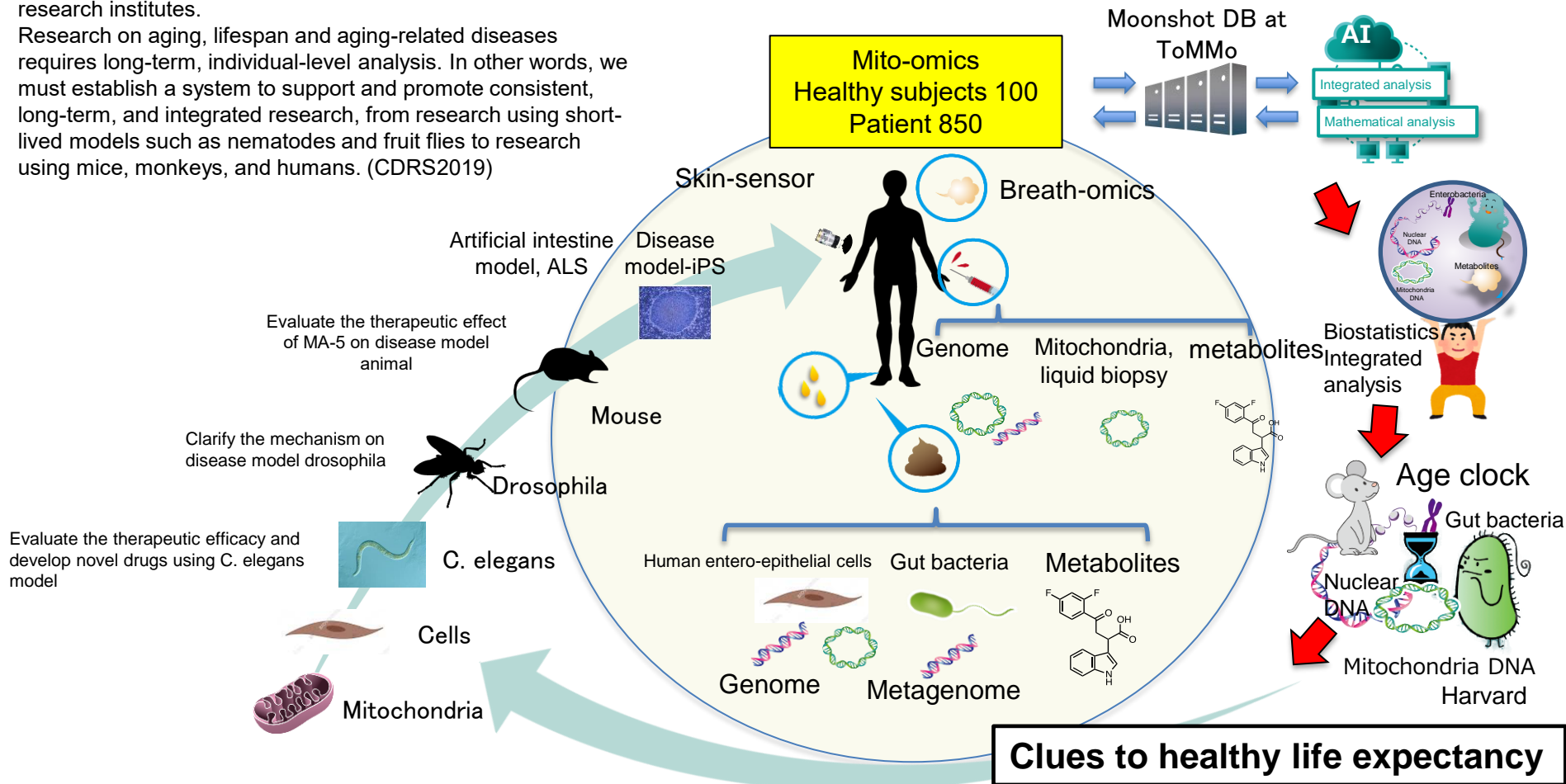


# Aim of this project (Mitochondrial Medicine)



# Centralized analysis of aging in this study

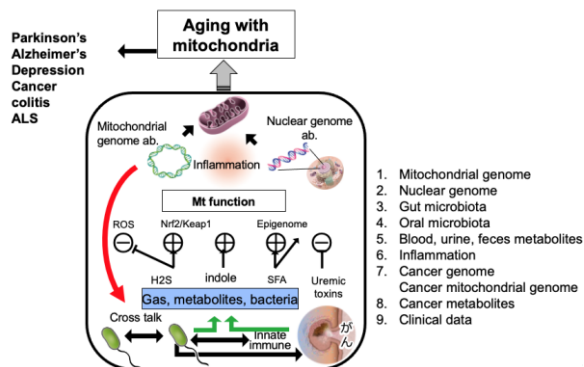
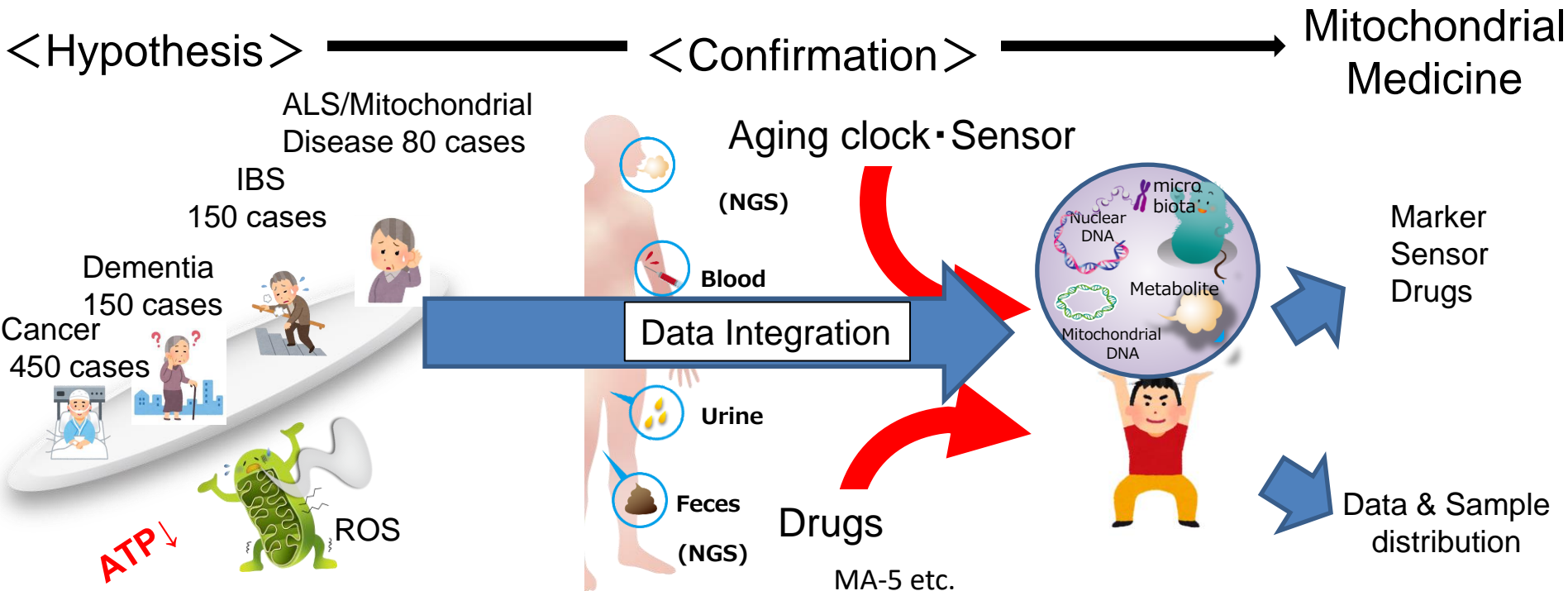
The world is competing to establish and focus on aging research institutes. Research on aging, lifespan and aging-related diseases requires long-term, individual-level analysis. In other words, we must establish a system to support and promote consistent, long-term, and integrated research, from research using short-lived models such as nematodes and fruit flies to research using mice, monkeys, and humans. (CDRS2019)



- We should establish a system to support and promote long-term, integrated research using cultured cells, nematodes, Drosophila, mice, pigs, human iPS cells, intestinal bacteria, and human trials. Unified elucidation of mitochondrial function regulation mechanisms and aging for rehabilitation, food development, and drug discovery.
- We will immediately verify the findings obtained from basic research in animal experiments to promote research on aging and lifespan through a cycle of exploration of fundamental principles and realize a healthy and long-lived society ahead of the rest of the world.

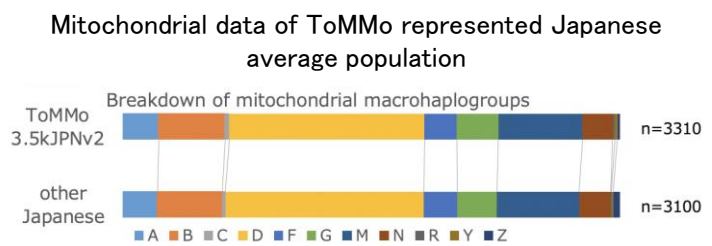


# Mito-omics

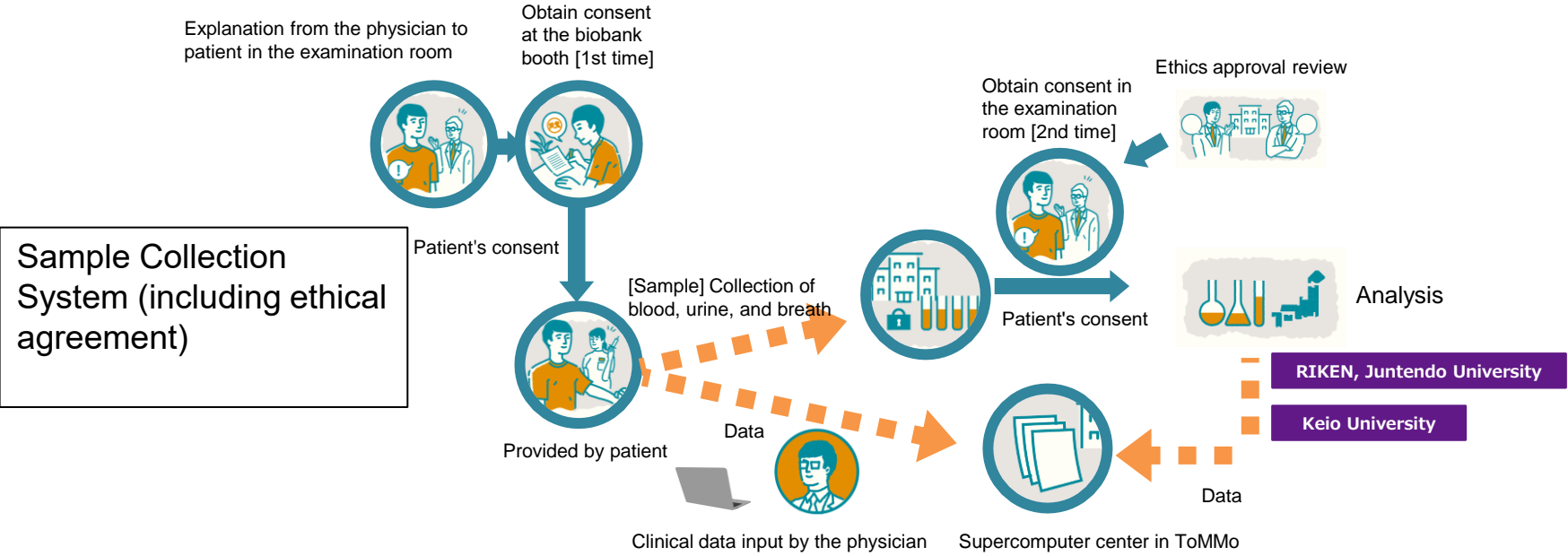


患者サンプル収集達成

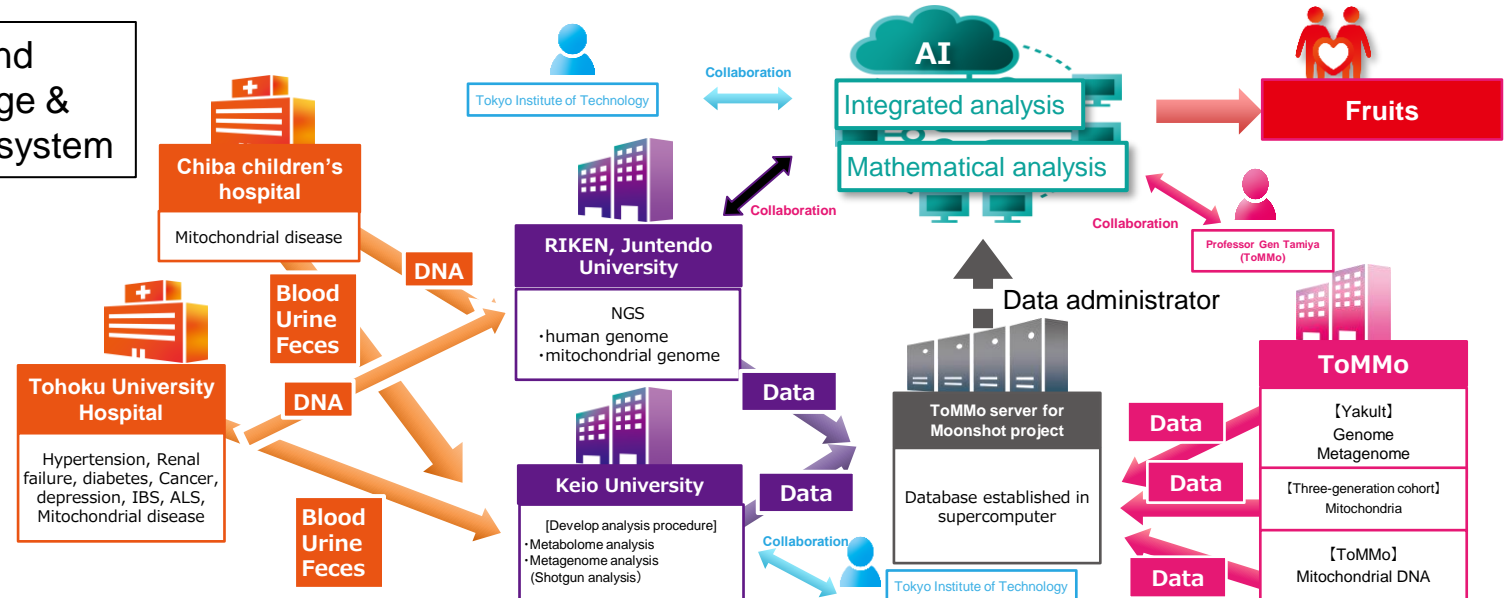
検査項目	がん	IBS	代謝疾患	脳コトリア
サンプル数	150	130	150	150
完成率	77%	7%	7%	0%
検査項目	がん	IBS	代謝疾患	脳コトリア
ミトコンドリアDNA	77%	7%	7%	0%
核DNA	77%	7%	7%	0%
腸内細菌	77%	7%	7%	0%
代謝物	77%	7%	7%	0%
炎症	77%	7%	7%	0%
がん	77%	7%	7%	0%
臨床データ	77%	7%	7%	0%



# System architecture for the collection of clinical specimens and data management in the hospital



**Analysis and Data storage & Managing system**



## <Existing drug>

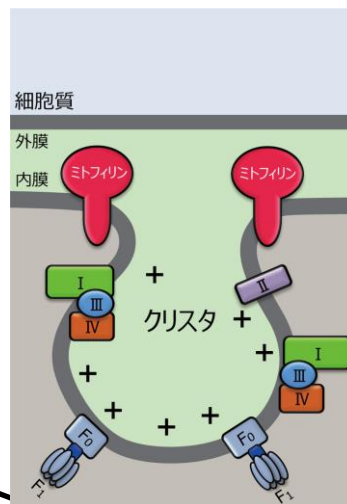
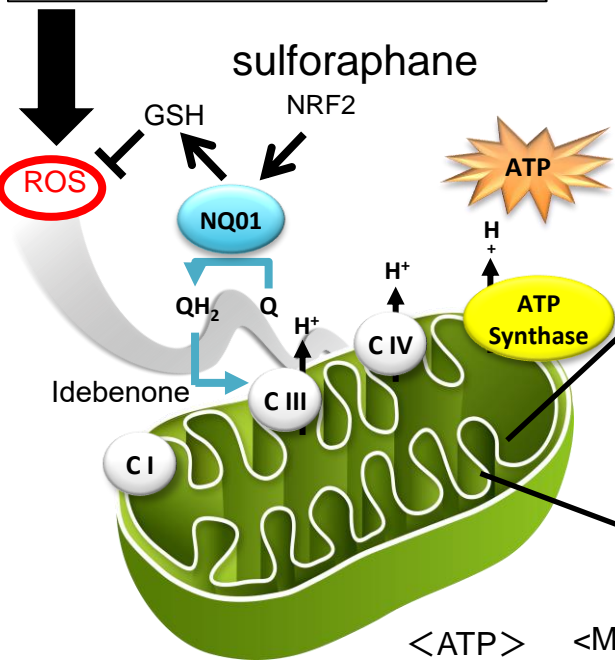
## <MA-5>

MA-5 exhibits the therapeutic intervention effect on any-types of mitochondrial disease cells that has an impairment of mitochondrial complex protein

### Antioxidants

Idebenone    CoQ10  
Vit. C         $\alpha$ -lipoic acid

Novel structure-activity correlation mechanism mediated by mitofilin, a binding protein for MA-5.



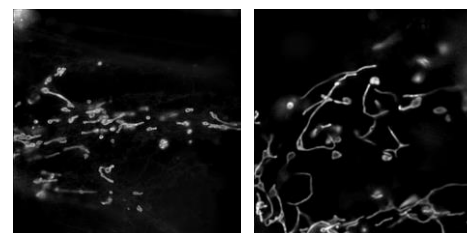
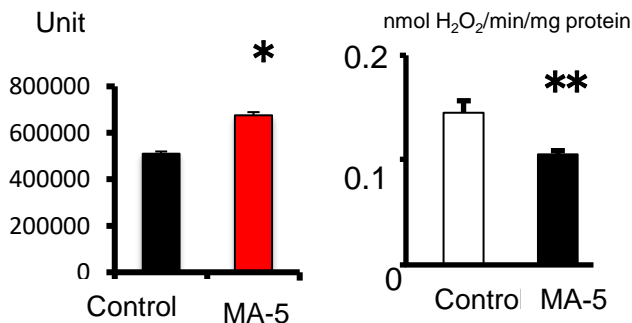
Leigh encephalopathy

MELAS

Leber disease

KSS

番号	疾患名	名称	Age	Mito.遺伝子変異	変異タイプ	BSO	MA-5効果	GDF-15(用/血液)	FGF-21測定
1	Normal fib.	Ner.	0	(-)	(-)	(-)	(-)		
2	Leigh (complex I異常)	THK2	8	m.10191 T>C		(+)	(+)	4555.7	3210.0
3	Leigh	THK5	12	未検	未検	(+)	(+)		
4	Leigh (complex I異常)	THK6	8	m.10191 T>C		(+)	(+)	2051.5	3241.8
5	Leigh	THK7	16	既知の変異無し	無し	(+)	(+)		
6	Leigh	KCM10	0	m.10191 T>C		(+)	(+)		
7	Leigh (complex I異常)	MES41		(c.51>C)	(ND1F4)	(+)	(+)	671.2	
8	Leigh (complex IV異常)	KCM17		(c.307_308delAG)	(SURF1)	(+)	(+)		
9	Leigh (Homoplasm)	KCM14		m.8919 T>G	ATP6b	(+)	(+)		
10	Leigh	KCM15	41	(p.Ala 248 Asp)	(SURF1)	(+)	(+)		
11	LHON (変種)	THK9	66	m.11770 G>A	ND4	(-)	(-)	2647	434.9
12	LHON (老年)	THK8	18	m.11770 G>A	ND4	(+)	(+)	510.1	80.9
13	LHON (中年)	THK10	41	m.11770 G>A	ND4	(+)	(+)	1322.4	912.1
14	MALAS (腎臓特異的)	KCM9		m.3203 A>G	ND4-Len	(+)	(+)		
15	MELAS (腎臓特異的)	KCM5		m.3203 A>G	ND4-Len	未検	未検		
16	MELAS	KCM11		m.3203 A>T	ND4-Len	(+)	(+)		
17	MELAS	KCM12		m.581 G>A	ND4-Phe	(+)	(+)		
18	MELAS (腎臓特異的)	THK12	56	m.3203 A>G	ND4-Len	(+)	(+)	5595.7	1700.1
19	MELAS	MES41		m.4496G>A	ND4-Met	(+)	(+)	784.5	
20	KSS (complex normal)	THK4	13	既知の変異無し	無し	(+)	(+)	2900.2	2088.5
21	先天性大脳白質形成不全症	F48		c.227 G>A c.578 C>T	(DNPT1)	(+)	(+)		
22	SMA (腎臓特異的)	KCM6		未検	未検	(+)	(+)		
23	OPA1欠損症	THK14	73	c.1377_138delTGTGTA	p.Asn69 Met	(+)	(+)	1310.2	215.8
24	未分類 (Shi, KX1)	THK1	13	既知の変異無し	無し	(+)	(+)	4910	789.9
25	未分類 (complex IV異常)	THK3	3	検出中	不明	(+)	(+)	1071.4	66.5
26	未分類 (Mito)	THK11	64	既知の変異無し	無し	(+)	(+)	4428	396.4





A clinical trial for MA-5, a candidate drug for the mitochondrial disease, is now underway with healthy adult subjects. Phase 1 trial.

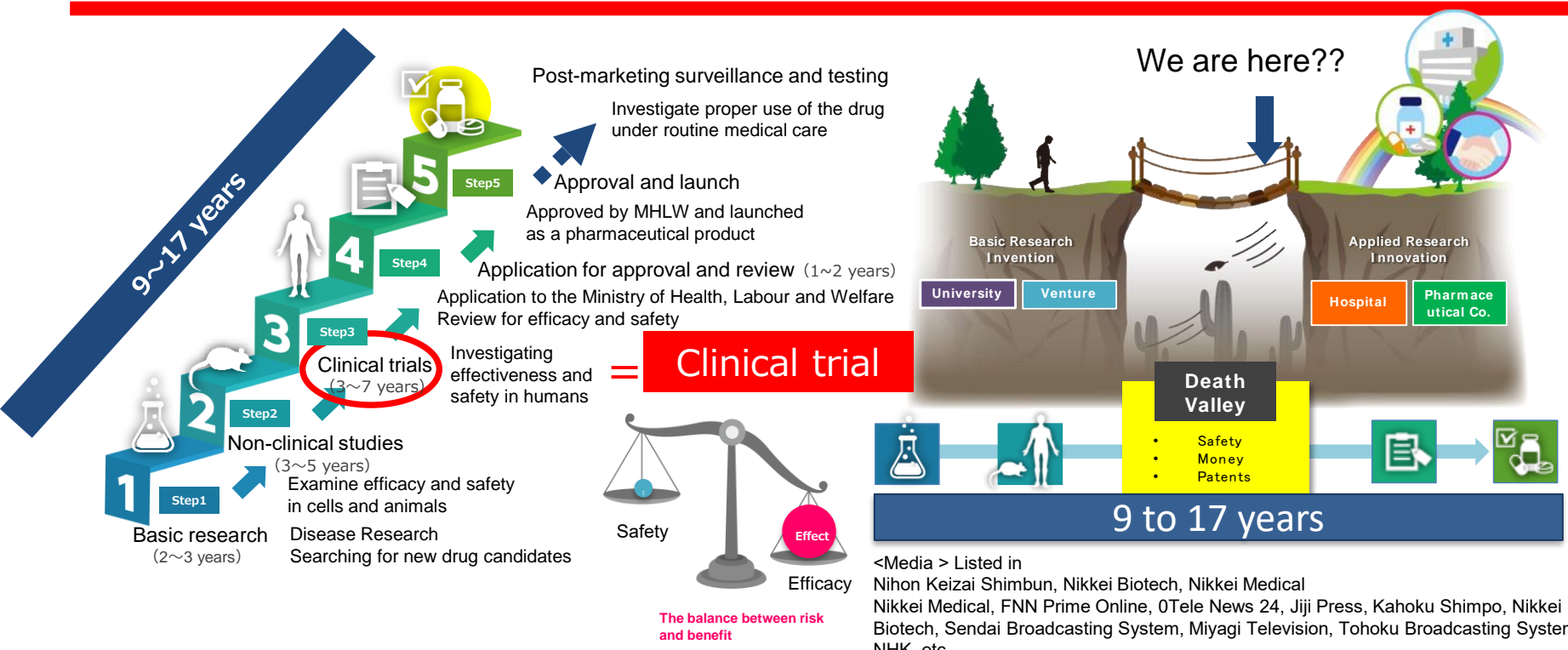
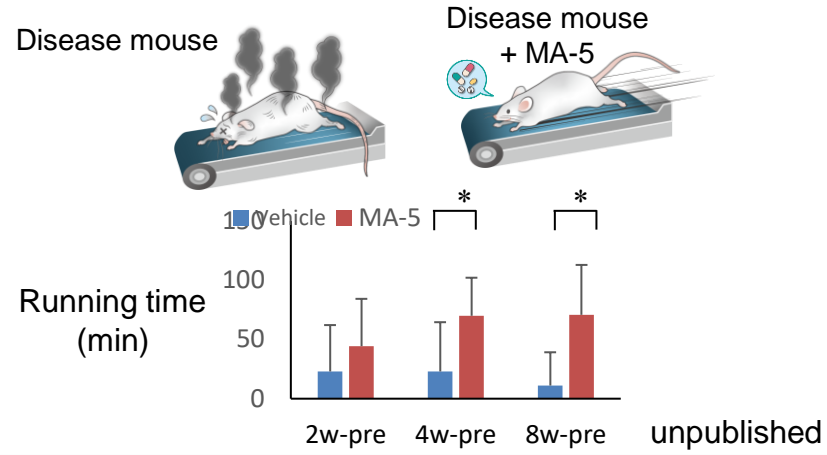


Photo offered by clinical trial hospital

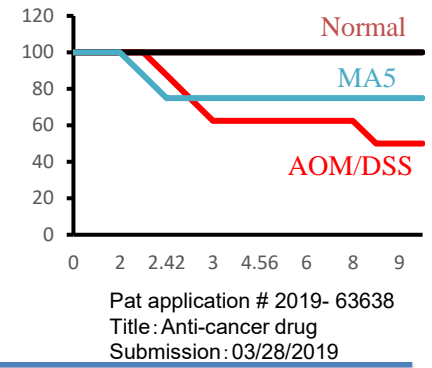
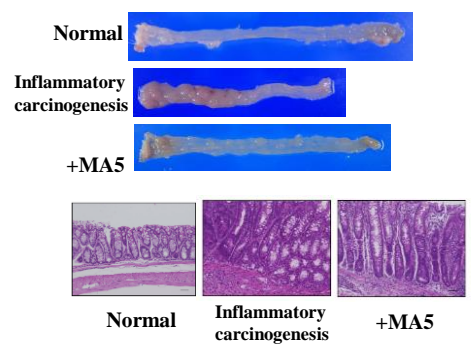
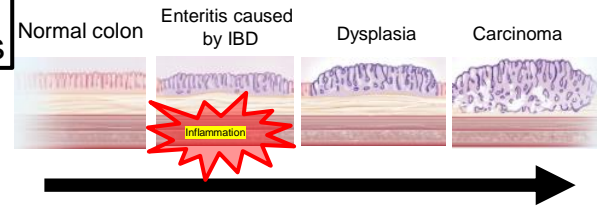


- World's first, from Japan. The first step toward overcoming the mitochondrial disease.
- MA-5, which has been developed, is an epoch-making candidate compound for the treatment of mitochondrial disease whose efficacy has been confirmed in cells of patients with mitochondrial disease and animal models of the disease.
- A clinical trial was initiated in which MA-5 was administered orally to 56 healthy adult subjects.
- The objective is to confirm the safety and pharmacokinetics of MA-5 in healthy adult subjects.
- Collaboration with patient associations is promoted.

## Muscle weakness



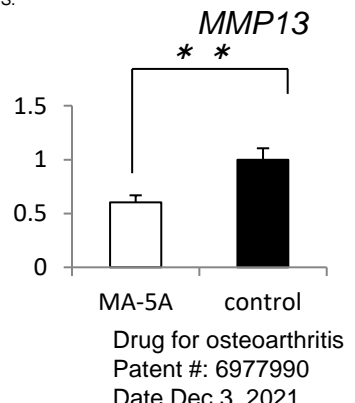
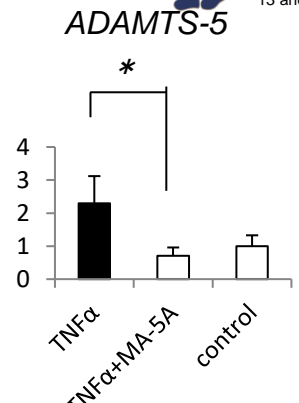
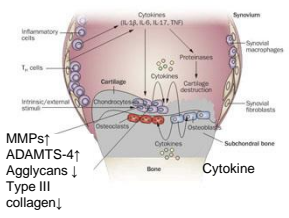
## Inflammatory carcinogenesis



## Osteoarthritis



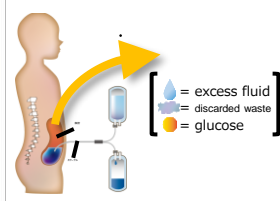
Chondrocytes in osteoarthritis produce inflammatory cytokines such as IL-1 $\beta$  and TNF- $\alpha$ . Inflammatory cytokines promote the expression of the cartilage matrix-degrading enzymes MMP-13 and ADAMTS.



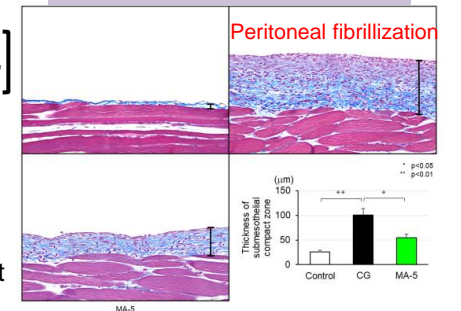
## Peritoneal dialysis

Collaboration research with Professor Tomoya Nishino at Nagasaki University

Hemodialysis  $\leftrightarrow$  Peritoneal dialysis



Suppression of peritoneal fibrogenesis by MA-5

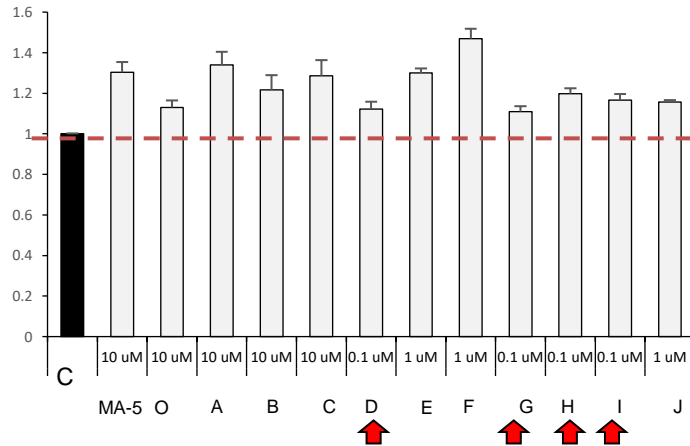


Internationally, it has an affinity for developing countries due to the simplicity of the treatment, the fact that it can be done while working, the low electricity requirements, and the scarce human resources requirements.

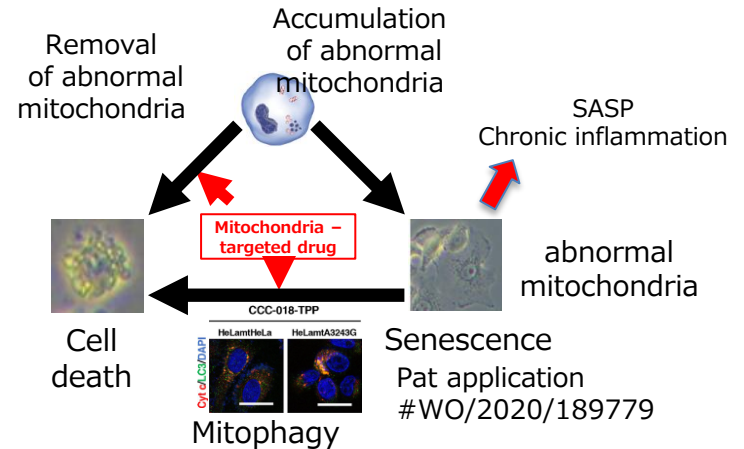
+MA-5

# Developing drugs for mitochondria

## Other indole compounds for ATP production

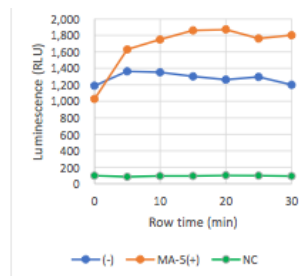
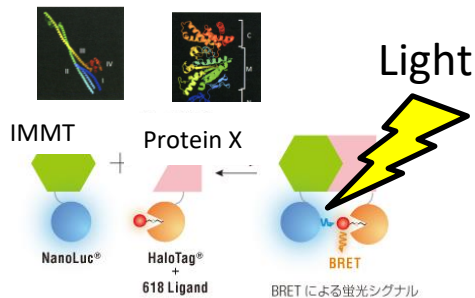


## Drugs for eliminating abnormal mitochondria

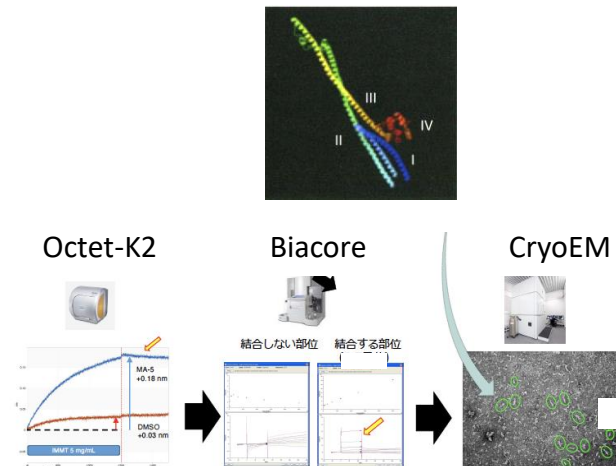


## High throughput assay system

### IMMT Protein X



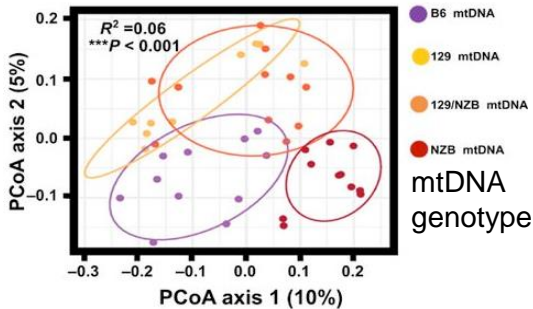
## Structure-based drug discovery



# Relation between gut, mitochondria and aging



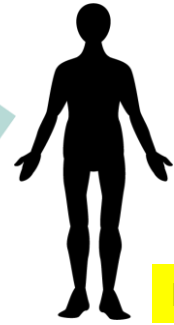
## Composition of gut flora



Yardeni et al, Science Signal, 12, eaaw3159 2019

**Human**

Diversity of gut microbiome is altered by mitochondrial DNA mutation.



Sequence analysis of host mtDNA in fecal samples

Capture mtDNA

Sequence analysis

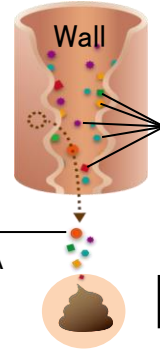
Medicine

Metagenomic analysis



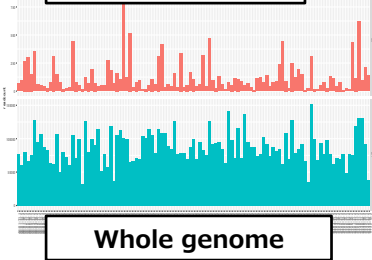
**Mouse**

Fecal sample  
Metagenome DNA  
Global analyses

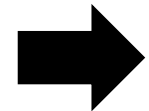


bacteria  
Epithelial cells

Mitochondrial DNA



Human cells  
Mitochondrial DNA



Whole genome

Biomedical Engineering

Agriculture

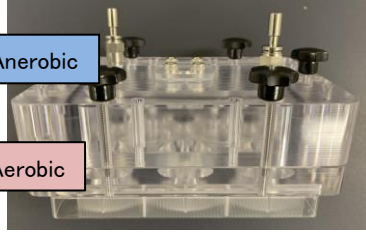
Intestine model

Colon model

Anerobic culture

Anerobic

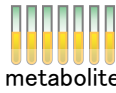
Aerobic



Diet



Reactor

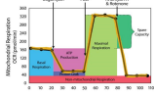


metabolite

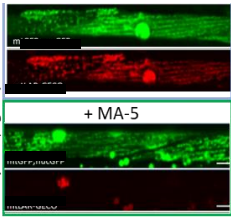
Microbiota



Mitochondrial function



Muscle disorder is mitigated by MA-5



Early deterioration of mitochondria suppressed by MA-5



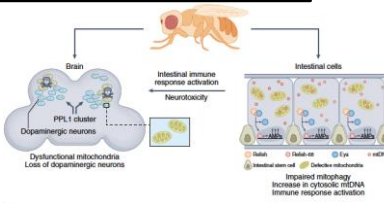
Life Science

mitochondrial toxicity in the gut contributes to adverse effects in the brain

Life Science



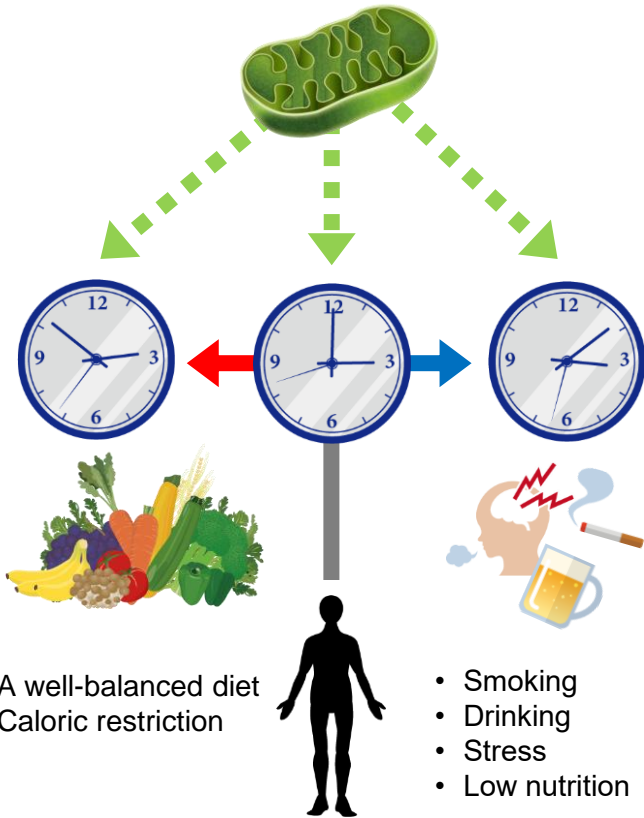
**Drosophila**



Fedele G. Nature Aging 2: 317–331, 2022



# Interventions on aging

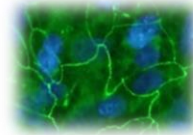


- A well-balanced diet
- Caloric restriction

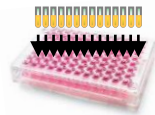
- Smoking
- Drinking
- Stress
- Low nutrition

Quach A. Aging 9: 419, 2017

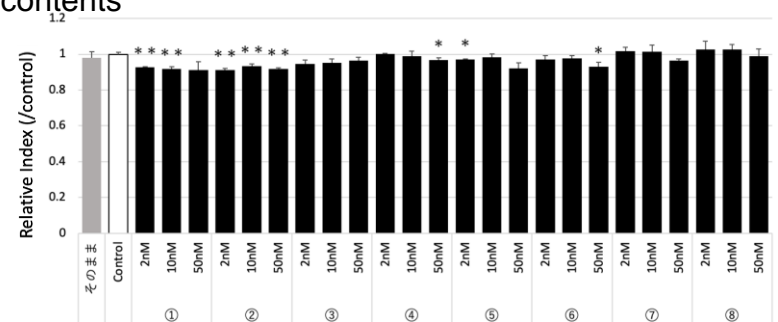
## Gut epithelium



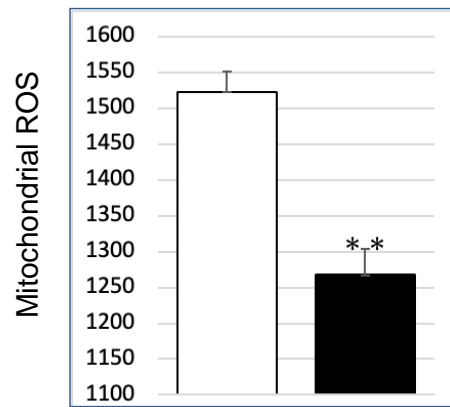
Food contents



Evaluate the effect of food contents on the cell viability

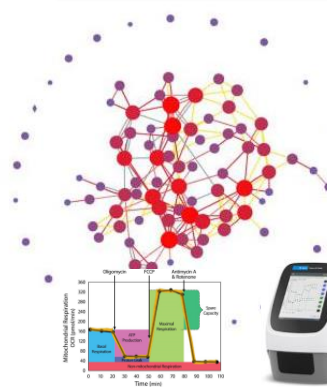


24h food element → 3h 1%DSS



Control Food element

## Multi-analysis



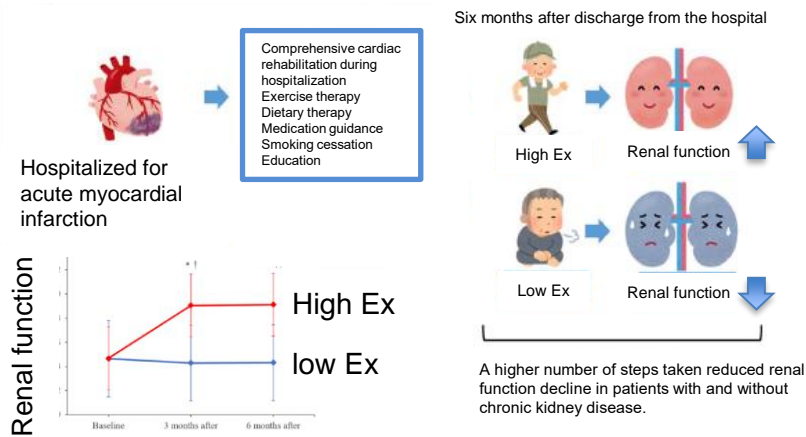
## MoReDiet

Mobilization and Resilience Diet





# CKD is a model for sarcopenia

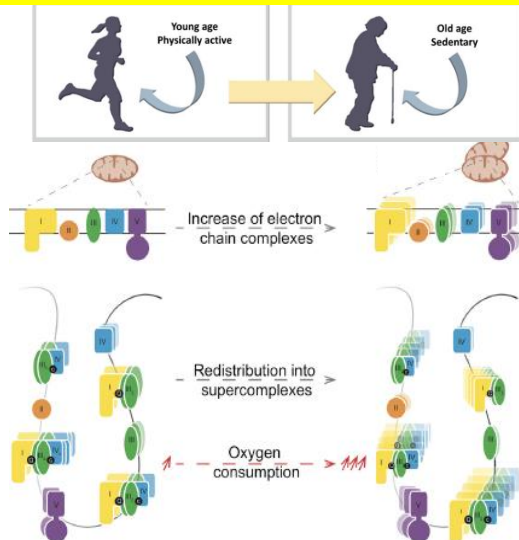


Sato T. J Cardiol . 2021 Aug;78(2):120-128.

## Ergometer



## Exercise modified mitochondrial structure and enhances ATP production



Rezus E. Int J Mol Sci 21:592, 2020  
 Greggio C. Cell Metab 25: 301, 2017

## Electrostimulation

**Electrical stimulation in patients with severe CHF**

M/F	14/1
Age (years)	56.5±5.2
CHF etiology (ischemic/non-ischemic)	10/5
Duration of severe CHF (months)	21±2.3
NYHA class (III/IV)	4/1

**Discovery:** A discovery that overturned the conventional wisdom of the time -> Lower extremity electrical stimulation improves heart failure

Dobsak P, Nagasaka M, Kohzuki M et al. Int Heart J 47: 441-453, 2006

Dobsak P, Nagasaka M, Kohzuki M et al. Circ J 70: 75-82, 2006

**Int Heart J 2006**

**Int Heart J 2006**

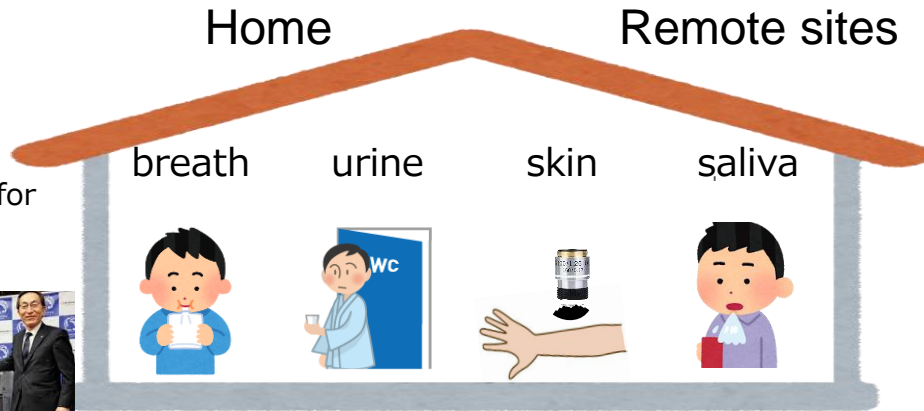
VO<sub>2max</sub> (mL/kg/min)

pre post

— LFES — Bicycle

P < 0.01  
 P < 0.05

# Non-invasive mitochondrial sensors



Develop the devices to measure the profiles derived from the mitochondrial function using breath, saliva, and urine at home or remote sites.

Examine a new approach with novel devices to measure the profiles on the mitochondrial disease patients.

Verify the practicability of the devices on mito-omics cohorts.

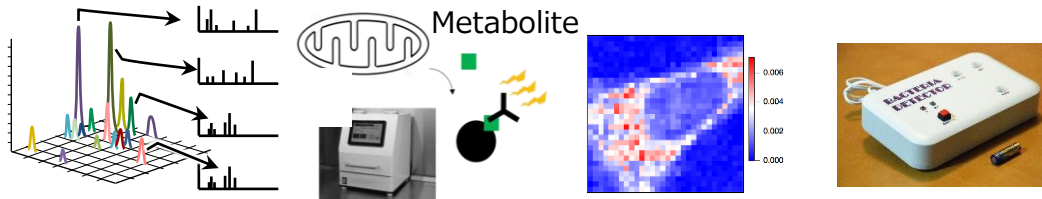
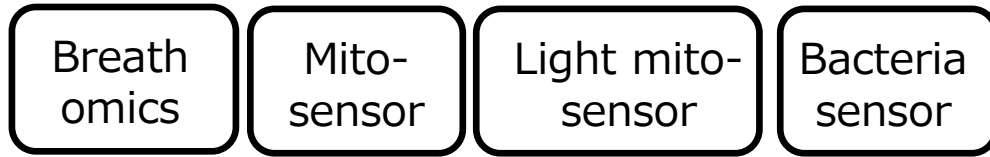
Practical realization

Press release for Breath-omics 2020.10.16



Shimadzu Corp.  
President and CEO  
Teruhisa Ueda

Tohoku University's  
President  
Hideo Ohno



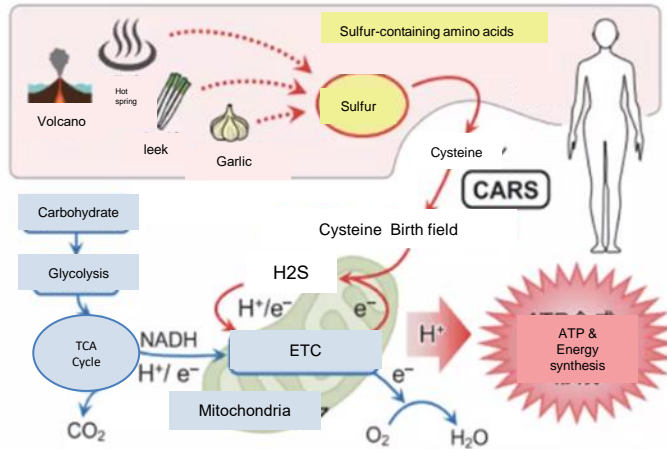
Metabolites by energy production  
Inflammatory metabolites  
Sulfur metabolites



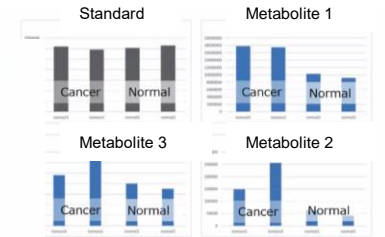
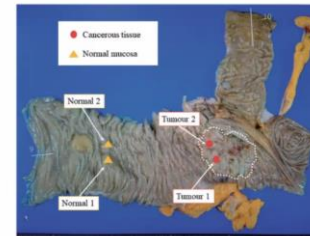
# Current status of sensor-development (2)

## Sulfur change in Mitochondria cancer patient breath

### Breath and Mitochondria



### Sulfur change in cancer tissue



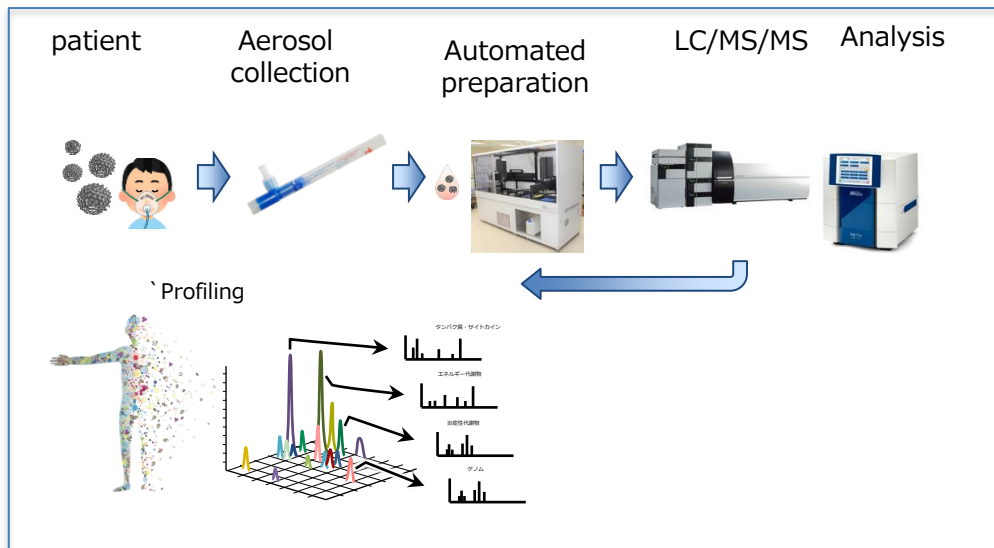
The mean levels of internal standard (IS), cysteine, and cysteine persulfide and trisulfide in tumour and normal tissue specimens taken from a 73-year-old female patient diagnosed with colon cancer: HPE-AM,  $\beta$ -(4-hydroxyphenyl)ethyl iodacetamide.

J Int Med Res . 2021 Nov;49(11);

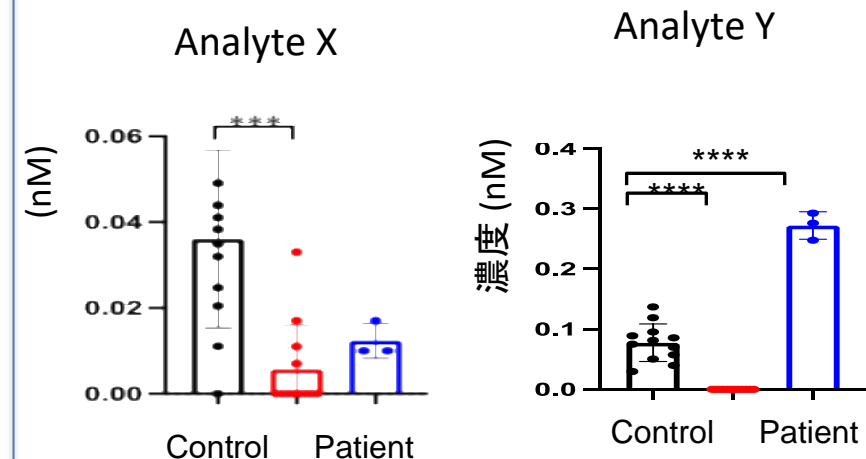
Fukuoka H. J Int Med Res

. 2021 Nov;49(11):3000605211059936

### Breath omics

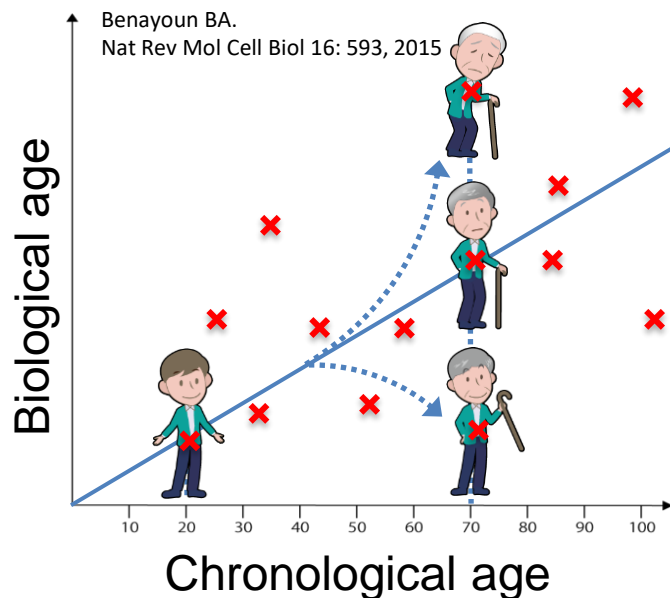


### Sulfur change in cancer patient breath





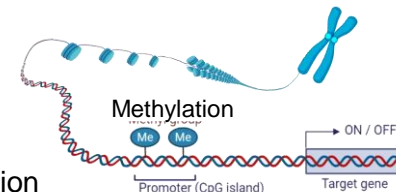
# Individual difference in aging



Steve Horvath



**DNA methylation**  
“Epigenetic age”



Horvath S. Genome Biology, 14:R115 2013



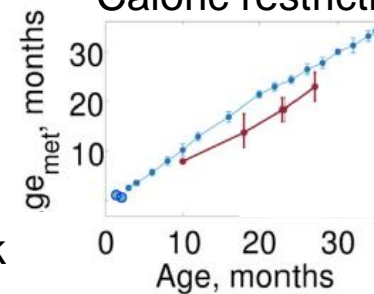
Blood Tissues → DNA → NGS → Analysis using super computer

Vadim Gradyshev



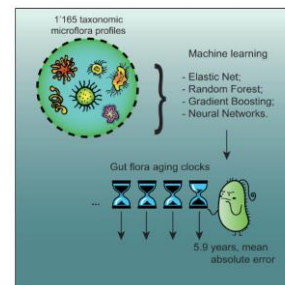
Collaborator  
Academy member of  
American  
Academy of  
Sciences

**Caloric restriction**



Petkovich DA. Cell Metab. 25: 954, 2017

**Gut microbiome Clock**



Galkin F. iScience 23, 101199, 2020

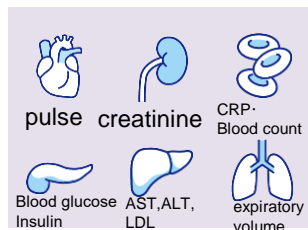


ATP  
ROS  
SIRT

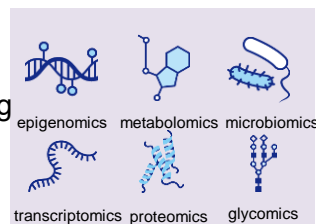


**Mitochondria**<sup>18</sup>

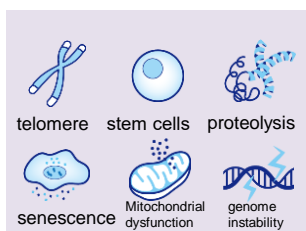
**Health and Disease Biomarkers**



**Omics-based Composite Ageing Biomarkers**



**Molecular and Cellular Hallmarks of Aging**





# International collaborations



Paul Anderson  
Harvard University

Laurie Comstock  
University of Chicago

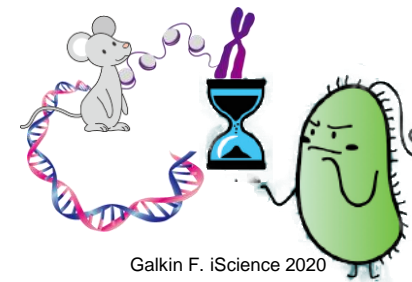


Stress response



Vadim Gladyshev,  
Harvard University

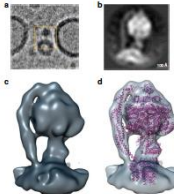
Microbiome aging clock



Galkin F. iScience 2020



CryoEM



Elizabeth Jonas  
Yale University

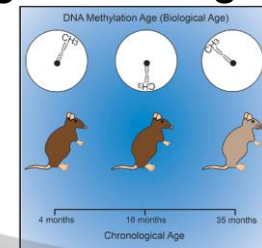


ATP

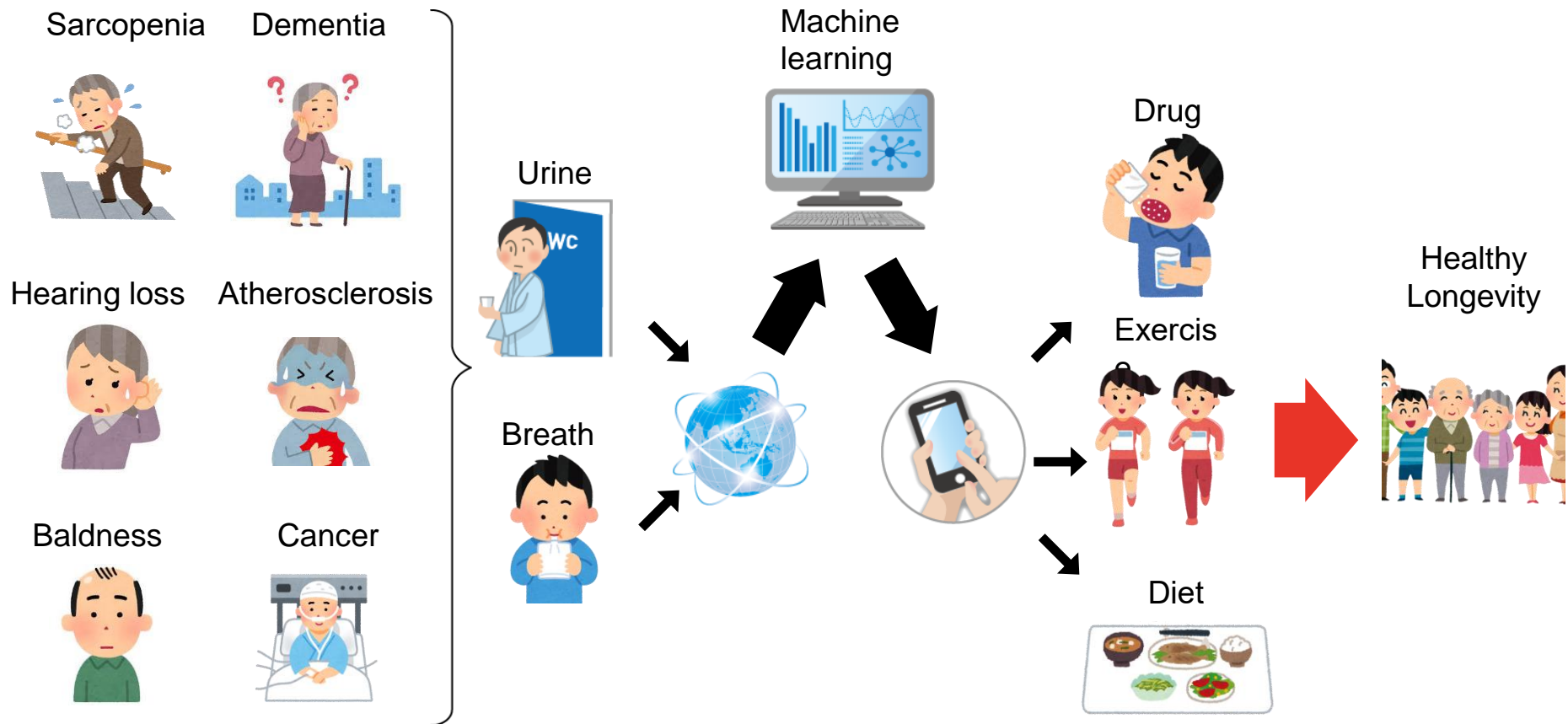


ROS

Epigenomic aging clock



The goal of this study is establishing the sensing system, drug, functional foods, exercise, and sleep for ageing that can restore the mitochondrial dysfunction, preventing aging, hearing loss, muscle weakness, organ failure, carcinogenic to achieve healthy society until 100 years old.



# Summary of project progress over this year

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## 1, Mito-Omics (whole genome, mitochondria, metabolome analysis of blood, urine, feces, microbiome analysis of feces)

- Collection of specimens from cancer, depression, IBS, mitochondrial disease, and ALS patients (Average:25%, 2~40 % achieved)
- Mito-omics analysis of control patients (100 patients) (100% except for genome (30%))
- Tohoku Medical Megabank Collection of mitochondrial genome information of 50 thousand people
- Tohoku Medical Megabank + collection of 276 number of feces samples
- Hospital specimen collection system and storage database development

## 2, Mitochondria therapeutic drug, food, and rehabilitation development

- Phase I investigator-initiated clinical trial of MA-5, a novel mitochondrial therapeutic agent
- Establishment of a new drug screening system and identification of more effective patented compounds
- Identification of antioxidant and mitochondrial supplement foods
- Rehabilitation development without the burden

## 3, Sensor development

- Development of bacterial sensor to identify bacteria related to cancer
- Skin sensor to measure intracellular temperature combined with AI learning
- Mitochondrial metabolites specifically identified by breath sensor

## 4, Exploration of basic principles

- Prolonged running time in a mouse model
- Development of human iPS cell artificial gut model

## 5, Collaborative research with overseas institutions

- Harvard University >> >> Signing completed, research initiated
- Yale University, University of Chicago >> Awaiting final review results.

**END**